



ON THE MOVE

Published by the San Mateo County Paratransit Coordinating Council (PCC)

"Dedicated to improving the quality and availability of Redi-Wheels and RediCoast services in San Mateo County"

PCC AND SAMTRANS NEWS FROM THE CHAIR— NANCY KEEGAN

Each year the PCC hosts a special event in October to show our appreciation to the Redi-Wheels and RediCoast drivers, reservationists, dispatchers and supervisors for their dedication and high quality service they provide all year long. Their commitment and personalized touch is appreciated by our consumers every time they ride. It's drivers going the "extra mile" or taking an "extra step" that makes our consumers feel comfortable and safe with the service.

Did you know that RediCoast and Redi-Wheels carries nearly 25,000 riders per month? That translates to about 950 rides each day of the week! Next time you ride, I encourage all of you to please take a moment to thank your driver. Also, please share a story with the PCC that demonstrates your driver's commitment to the service. Our goal is to publish some of the highlights in our next newsletter.

Please send your stories to the PCC at sanmateopcc2@comcast.net. If your story is selected, we will contact you and ask your permission to print it. Your anonymity will be guaranteed. Thank you!

Quarterly Advocacy/ Legislative Meetings

1st Tuesday of
January April July October
1:00—3:00 pm
1250 San Carlos Ave.
San Carlos 94070
For more information,
please call: (650) 299-1442

PCC General Meetings

2nd Tuesday of the month,
1:30—3:30 pm
1250 San Carlos Ave.
San Carlos 94070
sanmateopcc2@comcast.net



A GREAT FALL 2011 OUTING ON THE SAN MATEO COAST "PUMPKIN FESTIVAL"

BY MICHAL FORIEST SETTLES,

For the last 40 years, Half Moon Bay has hosted the annual Pumpkin Festival. The event brings thousands of vendors, musicians, visitors and community groups together each year. What a grand way to spend time with family and friends while supporting deserving nonprofits.

Did you know that SamTrans provides public transit to this event? The regular bus service includes route #17 and route #294. If you are a

paratransit certified rider RediCoast is also available.

So make your plan now for either Saturday, Oct. 15 and/or Sunday, Oct. 16 to enjoy the festivities. Between the great food, freebies, music and exciting displays, there is fun for the entire family.

Get there early and use public transit!

CHECK OUT THESE WEBSITES

Office of Emergency Services (OES)—
www.smcready.org

SMCounty PCC
www.sanmateopcc.org

SanTrans-Paratransit
samtrans.com



2012 SAMTRANS SYSTEM-WIDE BUS SERVICE PLAN

BY MICHAL FORIEST SETTLES, SAN MATEO COASTSIDE REPRESENTATIVE



It was 1999 since SamTrans last adopted and executed a system-wide bus service plan. Next year is the scheduled adoption target date for a new county transportation plan.

You have an opportunity to review the plan that will impact the riding public along with non-riders. I attended one of five kick-off public meetings on July 18 at the intermediate school in Half Moon Bay. This meeting was advertised on buses and in the Half Moon Bay Review's July 13 issue. According to the Half Moon Bay Review's article, a SamTrans spokesperson, Christine Dunn, was quoted, "Public input will influence possible improvements and/or cutbacks to bus services. Like all public agencies, finances will influence these changes."

Approximately 50 people were in attendance. The meeting started with a 20-minute overview of the project. The remaining time was spent in small groups or one-on-one discussions with SamTrans staff. A major challenge is because the service area is a mix of rural, urban, suburban and industrial land uses.

Please watch for future 2011 fall meetings in your local newspaper, flyers on buses, or contact SamTrans. You are in a position to have impact.

What are the next steps?

Draft Service Plan: December 2011 Board Meeting

Final Service Plan: February 2012 Board Meeting

How can you get involved?

Website: www.samtrans.com/ssp

Phone: (650) 508-6338

Email: ssp@samtrans.com

Remember, this is your service— your input is being requested. If you have thoughts for input, do not let this opportunity pass.

COASTSIDE PCC 2012 MEETINGS SCHEDULE

BY MICHAL FORIEST SETTLES,

Members of the Coastside PCC invite you to join us in 2012. PCC Coastsiders meet four times each year in Half Moon Bay.

These meetings are open to the public. Three coastal agencies plan to host a meeting during 2012. All meetings are planned for the *third Wednesday* of the month, starting at 9:30am and ending by 11am.



Attendees at the July 2011 Coastside meeting.

Quarter	Date	*Location	Host Organization
1	Jan 18	535 Kelly, Half Moon Bay	Coastside Seniors
2	April 18	625 Miramontes, Half Moon Bay	HOPE Services
3	July 18	645 Correas, Half Moon Bay	Coastside Adult Day Health Center
4	**tbd	535 Kelly, Half Moon Bay	Coastside Seniors

*Please note that the meeting locations change each quarter
 **Christmas caroling by the RediCoast Carolers



GET READY FOR EMERGENCIES (PART 2)

BY JIM ASCHE, SAN MATEO COUNTY OFFICE OF EMERGENCY SERVICES

In the last article we talked about knowing the hazards (fires, earthquakes, tsunamis, hazmats, etc.) near where you live and work. This is necessary as a planning tool to help you decide whether you should plan to evacuate in a given emergency or “shelter in place.” If you live/work in an area that is not in a wildfire hazard zone or a tsunami evacuation zone your plan might be to stay home if at all possible. Remember though, something unexpected might make you have to evacuate in a hurry, such as last year’s San Bruno pipeline explosion or another hazardous materials type incident.

Earthquake Preparedness

With the exception of a wildfire, the most probable emergency/disaster that we all are subject to is a large earthquake. What do you do when the “Big One” occurs? If you are inside, you need to drop down low, cover yourself under a sturdy piece of furniture and hold on until the shaking stops. Don’t run outside as something falling off your building could hit you as you exit. This is how many earthquake injuries occur.

How about getting under a doorway? This made sense when houses had ceilings or were made out of masonry. Today’s buildings use plaster board and doorways are no longer reinforced structural members. So just drop, cover and hold.

But you say you read on the Internet that you should find the “triangle of life.” Well, if you live in a non-reinforced concrete building there might be some truth to this, but in most California buildings it is much more likely that you will be injured by something flying off a shelf or a picture coming off a wall than the building collapsing on you. Remember: Drop, Cover and Hold.

After the shaking stops, immediately check for injuries and treat the life threatening ones such as stopped breathing or serious bleeding. Next, check for hazards caused by the quake. Start with the utilities. Are there electrical shorts or leaking gas? If so, turn them off. Power should be turned off at the main switch and gas at the meter. Don’t turn off the gas unless you smell a leak. It could be a long time before the utility company has time to turn it back on for you.

If there has been widespread damage you will probably be on your own for at least a few days. This is when you put your plan into operation and rely on your “kit” to get you through. Hopefully you have a kit and the contents are fresh.

What to Put in My Kit?

So what’s in the kit? Well, right about now you want to know what is going on. The power is out so now is the time to pull out that portable radio and install the fresh batteries or give the magneto crank a few turns. Turn to KCBS, 740 AM, the local Emergency Alert station to get the most up-to-date information.

If there are injuries to yourself or those near you, that first aid kit included in your supplies will come in handy. You should also have some work gloves, heavy shoes and dust masks for cleaning up or helping with rescues. A whistle is

good for drawing attention or calling for help. You will also need a flashlight for when it gets dark.

How about food and water? Water is most important and you should have one gallon per day per person for a minimum of three days (most experts are now saying a week). You should have some high calorie snack food for quick energy, but also some non-perishable canned and packaged food for a real meal. Many commercially sold emergency kits contained energy bars, which are basically lifeboat rations. They will keep you alive, but wouldn’t you rather have Spaghettios? If so, better have a manual can opener and a way to warm them, too. If you have a pet, they will need food and water also.

It is very important that you have any medication that you take daily included in your kit, as well as a list of all your medications and doctors’ names and contact information. Keep a copy of your medical insurance cards and keep a list of emergency contact phone numbers.

If your home is uninhabitable after the quake you have several choices. You can camp on your property if the local officials will let you do this. (This may depend on the status of sewer lines for sanitary reasons.) Another option would be to stay with nearby friends or family or possibly find a motel in the area that is still in business if you can afford this. A final and last resort option would be to go to a public shelter.

Should you elect to go to a shelter be sure to tell a family point of contact and a neighbor where you are going. Be sure to bring your medications, list of prescriptions and medical information as mentioned above. Also, if you use disposable or durable medical supplies (cane, walker, wheelchair), try to bring these along. Other supplies to take should include a change of clothing and a jacket, a towel and washcloth, personal identification and medical insurance information. Some shelters will allow pets to stay nearby, but only official service animals will be allowed in most shelters.

If you have a disability which makes it difficult for you to get around by yourself make sure you have a plan that includes someone assisting you. Remember again to have that “Plan B” in case your regular support person is not available after the emergency occurs. You may need help staying in your home or evacuating to a shelter. Telephones, including cell phones, may be out of service for some time, so plan to have your support person check on you whether you call them or not.

There is much, much more you can do to prepare for an emergency. We have just covered the “tip of the iceberg.” For more information, go to our county website at SMCGetReady.org. Other useful sources of information are the American Red Cross and the U.S. Geological Survey.



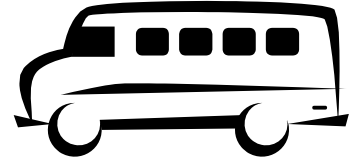
Emergency



HOW TO COMMENT ON A RIDE

Redi-Wheels wants you to have a great trip. If you have compliments, questions, complaints or suggestions, call SamTrans Customer Service at 1-800-660-4287, or fill out a yellow comment card (found on the vehicles), or send an email to: rediwheels@samtrans.com

- Interested in being on our mailing list to receive our newsletters?
 - Do you need complimentary Reservation Pads to use as reminders for your rides?
 - Interested in becoming a Consumer Corps member and receiving free coupon books quarterly?
- Contact Rose at (650) 299-1442 or email: sanmateopcc2@comcast.net



WE'RE ON THE WEB! WWW.SANMATEOPCC.ORG

On the Move is produced by the San Mateo County Paratransit Coordinating Council (PCC). The PCC is dedicated to improving the availability and quality of paratransit service in San Mateo County.

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